



Melinda Szitt

master teacher

Hungarian
Dance
University

DEPARTMENT FOR CLASSICAL BALLET

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Office hours for consultation: Monday 12:00–13:00

An e-mail to the above address is necessary to book a consultation appointment until 12:00 the previous workday the latest.

Subjects:

Classical ballet
Pointe
Skills development (stretch and strength)
Classical ballet methodology (in English)
Preparatory gymnastics, methodology

Studies:

The University of Physical Education
2012–2014 The Hungarian Dance Academy – teacher of classical ballet
2018 University of Fine Arts Doctoral Programme (MKE)
2019 a successful complex exam at the UFA (MKE) Doctoral Programme

Languages: English – intermediate, type C

Career:

1993–2011 the ballet master of the National Team of Rhythmic Gymnastics
2007– Szolnok Ballet – artistic director
2008– Hungarian Dance Academy – teacher
2013– University of Drama and Arts, Zagreb – visiting lecturer
2017– Almamater Europea University, Maribor – visiting lecturer

Acknowledgements:

„Zugló Közművelődéséért” (Award ‘For the cultural life of Zugló’), (1996)
Jász-Nagykun-Szolnok County „PrímaDíj” (2017)
Béres Prize, Szolnok Kultúrájáért (‘For the Culture of Szolnok’, 2020)

Positions at work:

2008 visiting lecturer
2012 artist teacher
2018 assistant lecturer
2020 master teacher

Leadership assignments:

2019 Preparatory Ballet Studio (HDU) – professional leader

Artistic activity: choreographies for the Hungarian Dance Academy since 2010

Research activity:

The biomechanics of classical ballet
The methodology of preparatory gymnastics
The analysis of basic classical ballet exercises

Publications:

A Kaleidoszkóp ragyogása – a klasszikus balett mozdulatok történeti eredete
a társzművészetek viszonylatában
The methodology of preparatory gymnastics (in English)
Képességfejlesztő eszközök használata a különböző táncteknikákban (EFOP)
Klasszikus balett, AML tananyagfejlesztés (EFOP)